TRUE LIFE
— Chiropractic —

NEW PRACTICE MEMBER APPLICATION

Name_____**Date of Birth**____ /_____ /_____**Age**_____**Male/Female**

Address_____**City**_____**State**_____**Zip**_____

Phone: Cell_____ **Emergency Contact Name** _____**Phone :**_____

Email Address_____

Occupation_____**Employer's Name**_____

Single / Married / Divorced / Widowed **Spouse's Name**_____

Number of Children_____ **Names, Ages & Gender**_____

Who may we thank for referring you? _____

LIST THE HEALTH CONCERNS THAT BROUGHT YOU INTO THIS OFFICE

Health Concern: List according to severity	Rate of Severity 0 = no pain 10 = unbearable	When did this problem start?	Have you had the problem before? If so, when?	Did the problem begin with an injury?	Are symptoms constant (C) or intermittent (I)?
Primary:_____	_____	_____	_____	_____	_____
Second:_____	_____	_____	_____	_____	_____
Third:_____	_____	_____	_____	_____	_____
Fourth:_____	_____	_____	_____	_____	_____

_____

PLEASE MARK "P" FOR IN THE PAST, OR MARK "C" FOR CURRENTLY HAVE:

___ *Headaches*	___ *Ear Infections*	___ *Sinus Issues*	___ *Kidney Problems*	___ *Sexual Dysfunction*
___ *Migraines*	___ *Hearing Loss*	___ *Frequent Colds*	___ *Bladder Problems*	___ *Sleep Problems*
___ *Jaw/TMJ Pain*	___ *Ringing in the Ears*	___ *Thyroid Issues*	___ *Menstrual Problems*	___ *Tight/Sore Muscles*
___ *Neck Pain*	___ *Dizziness*	___ *Asthma*	___ *Prostate Problems*	___ *Sports Injury*
___ *Shoulder Pain*	___ *Loss of Energy*	___ *Chest Pain*	___ *Infertility*	___ *Sciatica*
___ *Arm Pain*	___ *Nervousness*	___ *Heart Problems*	___ *Fibromyalgia*	___ *Arthritis/Joint Pain*
___ *Upper Back Pain*	___ *Double/Blurry Vision*	___ *Nausea*	___ *Epilepsy/Convulsions*	___ *GERD/Gastric Reflux*
___ *Mid Back Pain*	___ *Anxiety*	___ *Ulcers*	___ *Tremors*	___ *Numb/Tingling in Arms/Hands*
___ *Lower Back Pain*	___ *ADD/ADHD*	___ *Digestive Issues*	___ *Disc Problems*	___ *Numb/Tingling in Legs/Feet*
___ *Hip/Leg Pain*	___ *Loss of Balance*	___ *Diarrhea*	___ *Scoliosis*	___ *Stomach Problems*
___ *Knee Pain*	___ *Depression*	___ *Constipation*	___ *Poor Posture*	___ *High/Low Blood Pressure*
___ *Foot Pain*	___ *Allergies*	___ *Bed Wetting*	___ *Skin Problems*	___ *Difficulty Breathing*

*Other:*_____

PLEASE MARK "P" FOR IN THE PAST, OR MARK "C" FOR CURRENTLY HAVE:

___*STROKE* ___ *CANCER* ___*HEART ATTACK* ___*SPINAL SURGERY* ___*SEIZURES* ___*SPINAL BONE FRACTURE* ___*SCOLIOSIS*
___*DIABETES* ___*OSTEOARTHRITIS* ___*RHEUMATOID ARTHRITIS* ___*OTHER CONDITIONS/DISEASES*

LIST ALL SURGICAL OPERATIONS AND YEARS: _____

TRUE LIFE
— Chiropractic —

LIST ANY OTHER INJURIES TO YOUR SPINE, MINOR OR MAJOR, THAT THE DOCTOR SHOULD KNOW ABOUT:

_____

LIST ALL OVER THE COUNTER & PRESCRIPTION MEDICATIONS YOU ARE ON: _____

_____

WHEN WAS YOUR LAST AUTO ACCIDENT?_____

HAVE YOU EVER BEEN KNOCKED UNCONSCIOUS? YES/NO FRACTURED A BONE? YES/NO

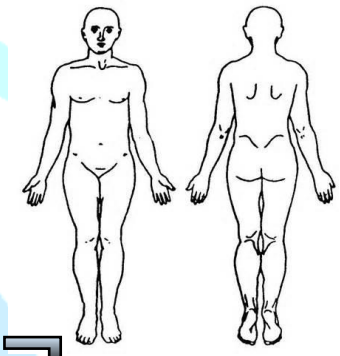
IF YES TO EITHER OF THE ABOVE, PLEASE DESCRIBE:_____

OTHER TRAUMA:_____

_____

SOCIAL HISTORY

1. SMOKING: How often? □ Daily □ Weekends □ Occasionally □ Never
2. ALCOHOL: How often? □ Daily □ Weekends □ Occasionally □ Never
2. EXERCISE: How often? □ Daily □ Weekends □ Occasionally □ Never



***PLEASE MARK** the areas on the diagram with the following **LETTERS** to describe your symptoms:
R = **R**adiating **B** = **B**urning **D** = **D**ull **A** = **A**ching **N** = **N**umbness **S** = **S**harp/**S**tabbing **T** = **T**ingling

List Your Current Health Goals Below

HEALTH GOAL	DATE TO ACCOMPLISH	SIGNIFICANCE OF GOAL
Ex: Get rid of my headaches	1/1/2016	I want to play with my kids
1._____	_____	_____
2._____	_____	_____
3._____	_____	_____

QUADRUPLE VISUAL ANALOGUE SCALE (QVAS)

Please **circle** the number that best describes the question asked. If you have more than one complaint, please answer each question for each individual complaint and indicate the score of each complaint.

EXAMPLE: No *pain* 0 1 2 3 4 5 6 (7) 8 9 10 Worst possible pain

1. How would you rate your pain RIGHT NOW?	**0**	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**
2. What is your typical or AVERAGE pain?	**0**	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**
3. What is your pain level at its BEST?	**0**	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**
4. What is your pain level at its WORST?	**0**	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**

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ACTIVITIES OF DAILY LIVING

Please identify how your current condition is affecting your ability to carry out activities that are routinely part of your life:

ACTIVITY:	EFFECT:			
Carrying Groceries	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sit to Stand	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Climbing Stairs	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Pet Care	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Driving	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Extended Computer Use	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Household Chores	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Lifting Children	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Dressing	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Shaving	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sexual Activities	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sleep	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Static Sitting	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Static Standing	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Walking	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Washing/Bathing	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sweeping/Vacuuming	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Dishes	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Laundry	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Yard work	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Garbage	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Concentration (Reading)	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Other: _____	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Other: _____	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform

Signature: _____ Date____ /_____ /_____